



Benalla White Ribbon Day Supporter News

Benalla White Ribbon Day Supporters Program

In support of **White Ribbon**

White Ribbon Footy!!

This year we have seen three of our “Benalla White Ribbon Day Supporters” get behind the cause with two successful White Ribbon Footy rounds.

The Goulburn Valley League held a White Ribbon Round on Saturday June 3 between Benalla Saints vs Tatura Bulldogs. Before the game they unfurled the giant White Ribbon banner.



This was followed by the inaugural White Ribbon Cup on June 24 where Gooramboot Football / Netball Club and the Benalla All Blacks Football / Netball Club have committed to plan an annual event each year and purchased the “White Ribbon Cup” for the winner of the football and netball senior teams to proudly hold for a year.

This year, the Benalla All Blacks were the winners in the footy and Gooramboot winners in the netball. Before the game players stood behind the giant White Ribbon Banners. As with the Saints game, White Ribbon Ambassador Neil Stott led the players and spectators to take the White Ribbon Oath.

At the end of the Senior Matches, Neil presented the White Ribbon Cups to the winner Captains and Presidents. More happy snaps on page 3

What's Inside?
More Supporters sign up
Real Men Challenge Launch
White Ribbon Day March
Thursday 23rd November

The Oath: I will *stand up, speak out* and *act* to prevent men's violence against women.



FAMILY VIOLENCE IS MORE THAN PHYSICAL ABUSE

Power and Control

Non-Physical Abuse

- ◆ Verbal abuse
- ◆ Threats
- ◆ Emotional
- ◆ Psychological
- ◆ Financial
- ◆ Sexual
- ◆ Social
- ◆ Spiritual

Physical Abuse

Extreme Violence

- ◆ Stalking
- ◆ Serious injuries
- ◆ Kidnapping
- ◆ Rape
- ◆ Murder

FACT
70%
Victims
are
females

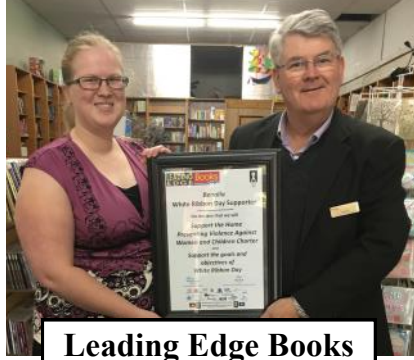
FACTS ABOUT FAMILY VIOLENCE

- One Australian woman is **killed** every week by a current or former partner
- **One in three** women over the age of 15 report physical or sexual violence at some time in their lives
- **One in four** young people have witnessed violence against their mother or step-mother
- Domestic and Family Violence - major cause of **homelessness** for women and their children
- Children exposed to Family Violence are at risk of:
 - Emotional and psychological trauma
 - Physical injury
 - Direct physical or sexual abuse:
 - Violence occurring during or after separation including child abduction

More sign up as Benalla White Ribbon Day Supporters



Big Hair



Leading Edge Books



McDonalds Benalla



**Beyond Housing
(formerly Rural Housing Network)**



Samaria Suns

The Power of Community Action

By signing declaration, these organisations are declaring to the community that they are not just bystanders but are prepared to take action and make a difference about family violence.

Saying No to Sexism. No to male myths about power and control in relationships. No to Violence in any form.

Ring Neil Stott on 5761 4500 to become a
“Benalla White Ribbon Day Supporter”



Smith Dossor Accountants

Youth Ambassador / Advocate Training

On Saturday 22nd July 5 committed young people gave up their Saturday to learn more about Family Violence and what they can do about.

When their training is completed, each will become a White Ribbon Ambassador or Advocate.

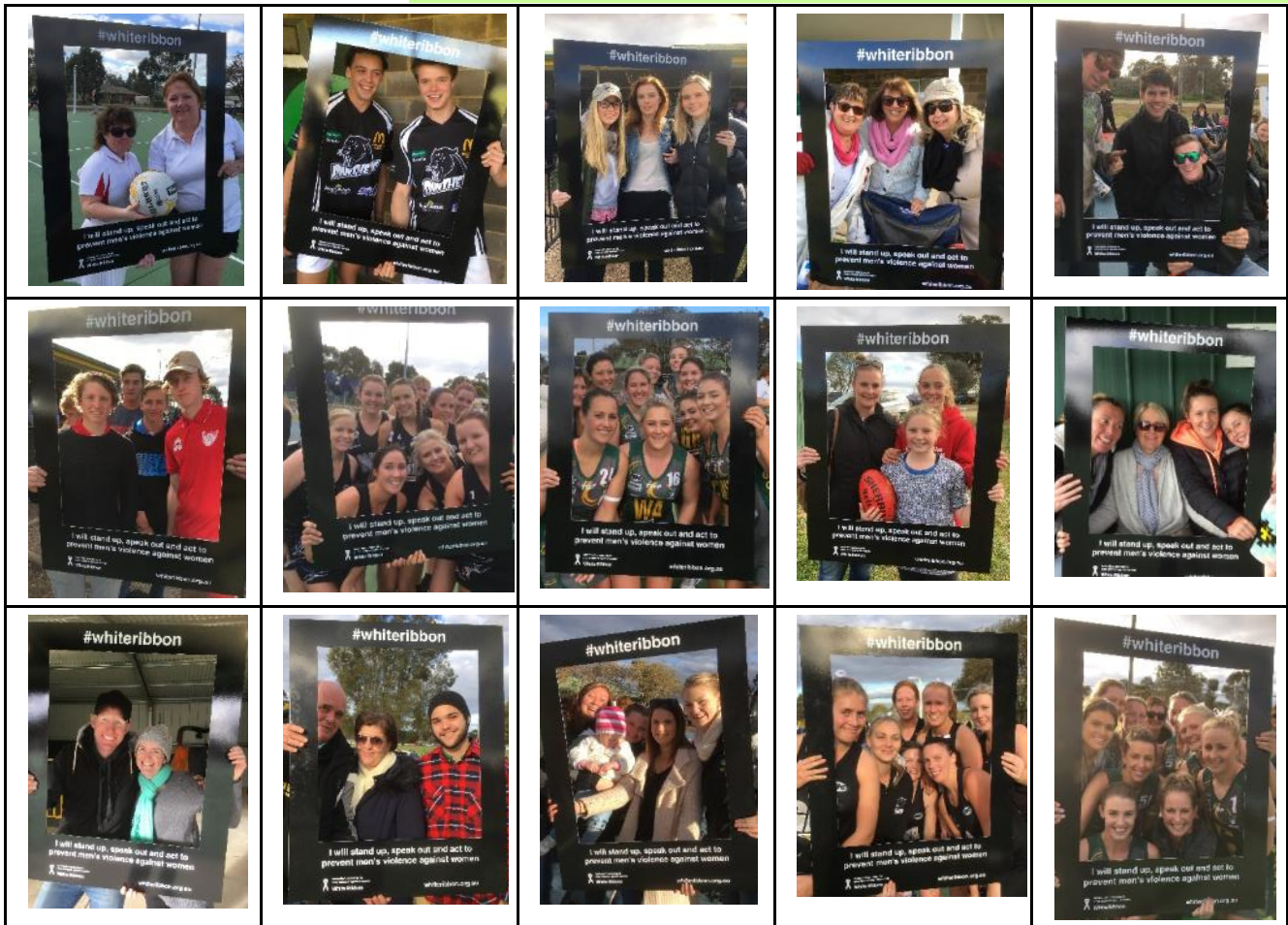
Well done to Jason, Jess, Nicole, Cameron and Sam for wanting to make a difference.

The team are pictured with White Ribbon Ambassadors Neil Stott, Ian Barker and Terry Heafield





More White Ribbon Cup highlights



White Ribbon Day

Benalla March Against Violence

Thursday 23rd November 2017

Departs 11.15 am
Corner Carrier St & Fawcner Drive
(next to BottleO)

*This year we will march down Bridge Street from Carrier St before crossing the Bridge to the Rose Garden
Be part of history as Benalla says "No to Violence"*

THEME:
YOUNG PEOPLE MAKING A DIFFERENCE
Special Guest Speaker: Jason Lang

Australia's campaign to stop violence against women
White Ribbon

Sausage sizzle after the march

For further information
Contact Neil Stott — 5761 4500

Press Conference and White Ribbon Day March Launch

**10 am
Wednesday 11th October**

**Activity Room 1
Benalla Community Care
Includes morning tea**



Benalla Family Violence Prevention Network

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Who we are

The Benalla Family Violence Prevention Network is a sub-committee of the Benalla Health and Wellbeing Action Group (H&WB) who are committed to reducing Family Violence in Benalla.

Our Goals

To raise awareness about family violence and its impacts on individuals, families & communities in the Benalla Rural City.

Centre Against Violence
If you need support, contact Centre Against Violence 24/7
Phone: 1800 015 188

Looking for Help? Ring 000 if you need Police

White Ribbon Day
whiteribbonday.org.au

Our Watch
ourwatch.org.au

Hume Integrated Family Violence
familyviolencehumeregion.com.au

Foundation to Prevent Violence Against Women and their Children
preventviolence.org.au

Violence Free Families
www.violencefreefamilies.org.au

The Look Out
thelookout.org.au

Victims of Crime
victimsofcrime.com.au/domestic-violence

The Oath:

I will **stand up, speak out** and **act** to prevent men's violence against women.

Benalla Health "Real Men Challenge" Launch. Benalla HEALTH

I meet regularly with the local Aboriginal Community Development Worker for the Central Hume Primary Care Partnership, Chris Thorne and in one of those meetings we came up with the concept of the "Real Men Challenge". From an idea written on a paper napkin we have now been able to launch this great initiative.

www.realmenchallenge.org.au

The goal of "The Real Men Challenge" is to provide a Video and Blog forum for men to speak out about "What is a Real Man". The short 10 second videos highlight just one key thought that men think is important and will speak to other men.

If you have a short video you want to share, upload to YouTube and send me the link. Neil.stott@benallahealth.org.au

Note: Swearing, personal attacks, putting down women (or men) will not make the grade!

Real Men Challenge

www.realmenchallenge.org

Helping men be positive examples to other men and reduce family violence in our community



Men Speak Out Against Family Violence

Real Men Speak out Against Family Violence.

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If you have a short video you want to share, upload to YouTube and send me the link.
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Adam Graham – Cathedral College Wangaratta



Mark Hooper – JMAR Engineering

What about male victims?



Yes, men are victims.

The big question is this. *Are they living in fear?*

When a woman is a victim of family violence, most often she lives a life of fear. Fear of abuse or violence if she does not comply with the wishes of her partner. Sadly, the statistics show that the most dangerous time for a woman is when she makes the decision to leave the relationship and in extreme cases the woman is murdered by her partner. Shamefully, this occurs to one woman a week in Australia. Rarely does this occur to a man.

However, if a man is living in fear, then they need our support as much as any woman who is a victim. Ring 000 and ask for the Police.